

## *Vein Treatment Information*

Veins detract from the beauty of the legs and can even look like bruises. Visible veins on the face can imply excessive alcohol use or just aging. So, many people ask us to remove unwanted veins. These can be treated with sclerotherapy or an electric needle, but we now often prefer specific laser treatment. All lasers are different. Therefore, for best effectiveness and safety, we have many lasers in our office so we can use the best one for the veins you have.

These methods try to very carefully damage the veins with minimal risk to the surrounding skin. Depending on the kinds and quantity of veins that you have, it may be more cost effective for you to arrange with us for individual treatments or to set up a package of treatments at a reduced rate and your cosmetic consultant will discuss that with you. We are treating the veins for cosmetic purposes and bill you directly and do not bill insurance. Therefore, although we can't guarantee an outcome and there are possible problems with any kind of treatment, we concentrate on offering cost effective treatments for you.

Usually the treated areas are red for a few hours to a few days. If there is bruising this may take somewhat longer to resolve. We then expect the veins to gradually improve over a period of weeks. Depending on the type and quantity of veins you have, you may need multiple treatments to an area. Most of our patients say the treatments are not painful, but instead like the stinging of a rubber band. If we are treating your veins by laser, we may get better results for you if your skin is lighter in color so please avoid tanning.

In addition, if the treatment is for veins on your legs:

1. It's fine to have your regular activity for today, walking, etc., but please avoid violent physical activity on the day of treatment.
2. Leg veins generally close empty, but can also trap some blood as they close. These can show up as firm clots in the treated veins and can appear up to 2-3 weeks after treatment. If you see these, then please come in so we can extract them, since that will help them close better and quicker.
3. For some kinds of leg veins, support stockings can be helpful for prevention.
4. If you've had sclerotherapy we'll sometimes apply tape. If so, please leave it on for 3-5 hrs if possible, but don't worry if it comes off sooner.
5. For return appointments, please bring or wear shorts so you'll be more comfortable.

When you return please tell us about your prior treatment and how that went so we can best tailor therapy for you, consistent with safe treatment. Please schedule your returns at about 1 month intervals for best effect. On return we do our best to try to save you time and get you in & out as quickly as possible. You can help us do that by making your appointments at times that are convenient for you, and then coming in for that appointment. Please note we charge for missed appointments, but we certainly don't want to. Let's work together to make your treatments run well and conveniently.

We strive to provide very good service and very good results and we hope you'll recommend us to your friends. If you have any questions at any time, please don't hesitate to ask us. Thank you for making the Advanced Dermatology Center your choice for Complete Skin Care.

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